



Forearm Supports



## Forearm Supports

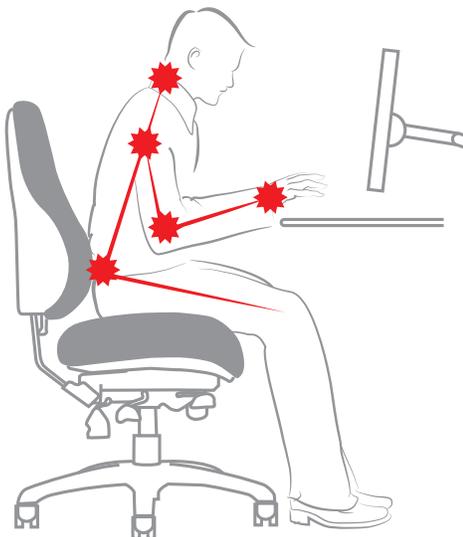
### Promote Good Posture and Comfort

The immediate relief on your shoulders, neck and body, creates the ideal neutral posture. Studies show 72% of people find the forearm supports more comfortable than not using arm supports at all. <sup>1</sup>

#### Features

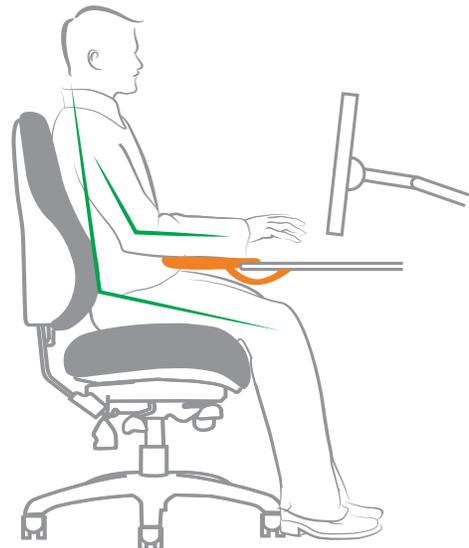
- Ideal if you do not have a keyboard tray
- Great if you have a Sit/Stand workstation
- Will take you only a few minutes to install on work surfaces 1.57" or less
- 2 shapes available
- 2 attachment styles available

#### Without Forearm Supports



The angle between your torso and legs is less than 90°. This posture creates tension in your neck, back and shoulders.

#### With Forearm Supports



The angle between your torso and legs is greater than 90°. And your arms, wrists and hands stay in a straight line.

<sup>1</sup> Cook, C. & Burgess Limerick, R. (2002). Forearm support for intensive keyboard users: a field study.