

# Workplace Solutions

Back to Work Cases, Workers Comp and General Seated Discomfort

**Neutral Posture Series (NPS) chairs are often prescribed** by Orthopedic Surgeons, Chiropractors, and others medical professionals who recognize them as a practical and effectiveness solution to body pain associated with, or exacerbated by long term sitting. Back pain, neck/shoulder pain are very common issues among seated workers, and a chair that provide little or poor support contributes to the problem.

**NPS chairs are FDA registered (#1644461) with the FDA as a durable medical device.** As a result, Worker's Comp and insurance carriers have been known to purchase NPS chairs for clients submitting a Doctor's prescription that references this FDA registration. Neutral Posture offers a form letter of medical necessity that can serve as a guide for that prescription.

**Every NPS chair includes a wide range of active ergonomic adjustments** combined with unique passive features like the patented contoured seats and backrests, to provide optimal body support in a wide range of seated postures at work, including the more open neutral-posture. Standard features include:

- Seat height, seat depth and seat tilt with forward tilt limiter and tension control
- Backrest height, backrest angle and built-in inflatable lumbar pillow
- Armrest height, armrest width and armrest angle with 360° rotation/angle
- \*Multiple layered foam, patented seat contours that disburse seated pressure

**Neutral Posture is the more stress free posture**, and the forward tilt capability of the NPS chair encourages and supports this more open-body posture, up to 120° trunk-thigh angle, as well as the traditional upright, 90° trunk-thigh angle, posture. Varying trunk-thigh angle during the day, while maintaining optimal support for arms and back, the seated worker begins to enjoy reduced body stress and fatigue by eliminating a sedentary static posture, while maintaining productivity. \*\*Alternating standing and sitting while working is another beneficial posture change, and the NPS chair can be easily configured to a stool height that will accommodate a standing height (~40") work surface.

**NPS chairs meet or exceed the most current ergonomic standards for seating** as established by ANSI/HFES 100-2007 (American National Standards Institute / Human Factor & Ergonomic Society)

\* Reference Independent tests and studies done with mapping seated pressure in various chair seats.  
[www.neutralposture.com/\\_site/research/cloud9/pictorialSummary\\_files/frame.htm](http://www.neutralposture.com/_site/research/cloud9/pictorialSummary_files/frame.htm)

\*\* Download free white paper on the benefits of sit/stand and the N-tune® concept, found on NP website, or purchase Dr. Mark Benden's book, "Could You Stand To Lose?"



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